



# Depression 101

What it is and how to survive it

A talk by Julian David Rolfes - Max Planck Institute

5:00 pm | Tuesday 19.05.2020

Via Zoom: <https://bit.ly/Dep101>

Meeting ID: 931 7544 8632 | Password: 745952

We are Scholar Minds! In the mental health awareness week, we invite you to our first event on mental health in academia. All students are welcome to join us to learn more about promoting mental well-being and how to cope with crises.



Scholar Minds is a non-profit initiative created by PhD students at Charité-Universitätsmedizin - Berlin and Humboldt-Universität zu Berlin, which aims to empower PhD students to face the mental health crisis in academia

